

# Rationale

## PSHE

***‘For I know the plans I have for you, declares the Lord, plans for welfare and not evil, to give you a future and a hope.’***

**Jerimiah 29:11**

### **Retention**

Carefully planned and sensitively delivered, PSHE lessons introduce children to the facts about the living world. Our Jigsaw scheme of work equips children to thrive in today's world, building resilience and self-esteem and helping them understand real issues eg body image, cyber and homophobic bullying, and online safety. Children will be encouraged to retain these facts and use them to inform their views of the world around them in terms of citizenship, relationships, health and well-being. The PSHE curriculum in our school is delivered in a way that suits all learning styles in order to enable retention within meaningful contexts.

### **Application**

Through a well-planned, meaningful and progressive PSHE curriculum, children will acquire the knowledge, understanding and skills they need to manage their lives now and in the future. They will develop skills of negotiation, resilience, self-awareness, building relationships and becoming aware of ways in which to promote health and well-being. Our PSHE curriculum permeates all areas of school life. Children are encouraged to question, negotiate, empathise and explore. Children are encouraged to serve their school community in a variety of ways eg School Council, Collective Worship council, Mini Police, Young Sports Leaders. We use the Jigsaw scheme of work to deliver lessons throughout the school with a strong emphasis on emotional literacy and nurturing mental health.

### **Inspiration**

Children will be inspired to achieve by learning about people who have succeeded despite facing obstacles. People who have demonstrated resilience and, through determined, positive effort have triumphed against the odds. Our children will develop an awareness of their feelings, their relationships with others, their place in the world and how to make a positive contribution to their local and wider community.

### **Success for Everyone**

PSHE is a planned programme of learning through which pupils acquire the knowledge, understanding and skills they need to manage their lives now and in the future. Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most disadvantaged and vulnerable. Our PSHE curriculum will enable pupils to acquire the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.