

School Lunch Menu Name _____ Class _____

<i>Wholemeal bread will be served with all meals. A choice of milk or water will be available. Fresh fruit and yogurts will be available daily</i>					
W/C 06.09.21	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Ham & cheese toasted granary panini, diced herb potatoes & salad 1/7/13	Salmon fishcakes, new potatoes, peas & sweetcorn 1/4/	Pasta bolognaises with peas. 1	Roast beef, roast potatoes, Yorkshire pudding, carrots, green beans & gravy 1/3/7/10	Beef burger in a bun with sweet potato fries and sweetcorn 1
Option 2	Quorn sausage with mashed potatoes, sweetcorn, cabbage & gravy 1/3/6/7/9	Jacket potato with chilli con carne with kidney beans & chick peas 1/3/7	Roast vegetable & brie toasted wrap with sweetcorn & vegetable couscous 1/7/10	Jacket potato with cheese & beans 1/7/	Pasta in tomato and herb sauce with green beans 1
Puddings	Chocolate sponge & Custard 1/3/7	Peach crumble & custard 1/7/	Mix fruit flapjack 1/7/12	Jelly & fruit Pineapple	Ice cream 7
W/C 13.09.21	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	BBQ chicken wrap with vegetable couscous & sweetcorn 1/9/10	Beef stew & dumplings, carrots & cauliflower 1/3/9/10	Lasagne with peas 1/7	Roast chicken, carrot and swede mash, cabbage & gravy 1/7/10	Homemade cheese & tomato pizza, and chips 1/3/7
Option 2	Jacket potato with Quorn chili 1/3/6/7/9	Wholegrain pasta in tomato & basil sauce, green beans & peas 1	Jacket potato with baked beans 1.	Cheese, tomato & onion quiche with salad bar 1/3/7	Vegetable pasta in a creamy sauce, sweetcorn & peas. 1/3/7
Puddings	Oatmeal & raisin cookie and fresh fruit 1/3/7/12	Fresh scone with sugar free jam & cream 1/3/7/12	Raisin sponge & custard 1/3/7/12	Banana cream pie 1/3/7	Peaches and Jelly No allergen
W/C 20.09.21	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Shepherds pie, cabbage, carrots & gravy 1/10/11	Cheese & onion pastry, wedges & salad bar 1/3/7	Chicken & mushroom noodles, peas & diced carrots. 1/3/7	Roast pork, roast potatoes, peas, green beans & gravy 1/7/10	Fish fingers, chips & peas 1/3/4
Option 2	Jacket potato with mixed beans 1	Vegetable curry with brown rice & a poppadum 1/6/10	Homemade cheese & tomato pizza, and chips 1/3/7	Jacket potato with grated cheese 1/7	Granary Baguette filled with egg mayo with curly fries & sweetcorn. 1/3/7
	Apple crumble & custard 1/7	Eton mess cups 1/3/7	Bananas and custard 7	Jelly & peach slices No allergen	Fruit & ice cream 7

