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Mr. G. Smith

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Mrs A. Mills

Dear Parents,

We all want our children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. In order to support this, government statutory guidelines have been updated which means that all primary age children will be taught Relationships and Health Education. The last time this area of the curriculum was updated by the Department of Education was over 20 years ago!

The focus of Relationships and Health Education in primary school will be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults. We are already teaching much of this content because our school follows the Jigsaw scheme for PSHE and through our work based around the Ten Magdalen Values. Relationships and Health Education are both designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships, as well as preparing them for a successful adult life. More detail about the content of these statutory subjects can be found on the school website where you will also find an information booklet for parents.

You will see from the information on the website, that Sex Education is **not** statutory in Primary Schools. However, the guidance states, "It is important that the transition phase before moving to secondary school supports pupils' ongoing emotional and physical development effectively. The department continues to recommend therefore that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born." In our school, this work takes place in Year 6 and is led by the class teachers. Parents will be consulted before this work takes place.

The Secretary of State has said, "Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way." We value our role, in partnership with parents and families, to support children as they become confident and caring individuals. If you have any questions, or would like to discuss Relationships and Health Education further, please feel free to contact me [anita.mills@magdalen.lincs.sch.uk](mailto:anita.mills@magdalen.lincs.sch.uk) .

Yours Sincerely,

Mrs A. Mills  
Head of School & PSHE Subject Lead

