

# P.S.H.E.

## Our Intent for our P.S.H.E. curriculum:

Primary Schools have a duty to promote wellbeing alongside academic achievement. This is a responsibility that our school takes very seriously. Where the relationships between wellbeing and learning are recognised and developed, children thrive. PSHE makes an invaluable contribution to spiritual, moral, cultural and social development as well as enhancing personal development and behaviour. Ofsted have found a link between high achieving schools and the provision of high quality PSHE. We are determined to give all children not only the knowledge but the skills necessary to become emotionally literate citizens of the future, clear on their place in the world and their responsibility to care for it.

## Our Implementation for our P.S.H.E. curriculum:

Our PSHE curriculum is valued and promoted throughout all aspects of school life. We believe that children should be aware of their responsibility to make a positive contribution and that we have a duty to make this possible. There are many ways in which we facilitate this, consciously making strong links between SMSC and British Values, as well as our Ten Magdalen Values. Discrete PSHE lessons take place weekly, following the Jigsaw scheme of work which promotes a mindfulness approach. Children are taught to become aware of their thoughts and feelings, as they happen, helping them to concentrate, focus and regulate their emotional states. This is a whole school approach, delivering termly themes which are covered by all age groups at an age-appropriate level. Each theme is launched at a whole school assembly each term at which plans are made, previous successes are celebrated and the Jigsaw charter is reaffirmed.

## The impact of our P.S.H.E. Curriculum:

The impact of our PSHE curriculum, and our measure of success, is demonstrated by the way in which our children conduct themselves in a variety of contexts. Children will be able to talk confidently about a variety of issues related to the core PSHE themes of health and well-being, relationships and living in the wider world. Success will be evident when observing ways in which children behave towards each other, how they care for themselves in both a physical and emotional way and how they question and respond to issues within the local and global community.